



Norsk karkirurgisk forening (NKKF)

Karkirurgisk Vår møte 2026

**Thon Hotel SNØ,
Lørenskog 19.–21. mai 2026**



Annual Norwegian Vascular Forum 2026

(Changes in the program may occur.)

Tuesday 19 May

| Time | Item | Speaker / Notes |
|-------------|-----------------------|-------------------------------------|
| 09:00–10:00 | Registration & coffee | |
| 10:00–10:05 | Welcome | NKKF and Local Organising Committee |

"Treatment, overtreatment and mistreatment? Challenges in vascular surgery"

Session 1

Moderators: *Espen Schjerven and Janusha Baheerathan*

| Time | Item | Speaker / Notes |
|-------------|--|--|
| 10:05–10:25 | Ethical challenges in vascular surgery | Frode Arnt Olsbø, head of Vascular department Ahus |
| 10:25–10:55 | "Treating into death"? Pain control, amputation vs palliation — what are the options? | Prof. Olav Magnus Søndena Fredheim, head of Palliative department Ahus |
| 10:55–11:25 | Frailty and surgery: the Clinical Frailty Scale (CFS) | Marte Christine Rognstad Mellingsæter, head of Geriatric department Ahus |
| 11:25–11:30 | Cross-Sector Use of the Clinical Frailty Scale in a Shared Electronic Health Record: Implementation in Helseplattformen. | Henriette Fagertun, Consultant in vascular surgery St. Olavs Hospital |
| 11:30–11:50 | Break | |
| 11:50–12:20 | Decision-making processes, treatment-limitation decisions (DNR), autonomy, criteria, prognoses. | Jørgen Dahlberg, head of Anaesthetic department Ahus & Lawyer |
| 12:20–12:30 | Case report: asymptomatic AAA with complications | Haukeland University Hospital |
| 12:30–13:00 | Should the cut-off for open AAA repair be increased? What lies behind 50/55 mm: age, comorbidity, risk, complexity. | Martin Björck, Professor of Vascular Surgery, Uppsala University |
| 13:00–13:10 | Panel discussion | |
| 13:10–14:10 | Lunch | |

Session 2

Moderators: Stein Bysting and Nina Maksimovic

| Time | Item | Speaker / Notes |
|-------------|--|--|
| 14:10–14:40 | The intensive care course after AAA surgery: frailty and intensive care, results. | Ole Kristian Fossum, consultant in intensive care Ahus |
| 14:40–14:45 | Case report: challenging consent, capacity, legal dilemma | OUS, TBA |
| 14:45–15:15 | The “difficult” patient: substance use, non-cooperation, delirium. Rights and obligations: can we treat against the patient’s will in somatic medicine? Can we withhold treatment? Capacity to consent. Jehovah’s Witnesses. | Jørgen Dahlberg (Lawyer) |
| 15:15–15:30 | Break | |

Session 3

| Time | Item | Speaker / Notes |
|-------------|--|---|
| 15:30–15:45 | Introduction to panel discussion by: Heidi Skutlaberg Wiig, (kreftsykepleier, foredragsholder, veileder og spesialrådgiver innen klinisk kommunikasjon på Ahus) | |
| 15:45-16:20 | Panel discussion: Ethical and religious aspects and challenges in everyday clinical practice in illness, death, and the role of relatives/healthcare providers in hospital. | Panelists: <ul style="list-style-type: none">• Hospital Chaplain Odd Inge Tangen• Imam• Ethics Committee Marte Mellingsæter• Head of Department Frode Arnt Olsbø |

| Time | Item | Speaker / Notes |
|-------------|-----------------------------|-----------------|
| 17:00-18:00 | Wrap up, Networking, Coffee | |
| 18:00 | Wrap up, Networking, Coffee | |

Wednesday 20 May

Ruptured AAA and treatment, with focus on REVAR

Session 1

Moderators: David Perminow and Veronica Hagen

| Time | Item | Speaker / Notes |
|-------------|--|--|
| 08:30–08:45 | A historical glance and trends in vascular surgery, from its earliest days to the present | Jarlis Wesche, Ph.D., retired consultant in vascular surgery Ahus |
| 08:45–09:00 | ESVS guidelines presentation: Management of ruptured and symptomatic abdominal aortic aneurysm | Andreas Reite, Ph.D., consultant in vascular surgery SUS |
| 09:00–09:15 | NORKAR figures and results, OSR vs. REVAR in Norway over the past year | Prof. Arne Seternes, consultant in vascular surgery St. Olavs Hospital |
| 09:15–09:30 | Presentation of results from a prospective study of rAAA over the last 10 years in Norway | William Indrevåg, Ph.D. candidate, vascular departement Helse Møre og Romsdal, Ålesund |
| 09:30–09:45 | Advancing Knowledge on Ruptured Abdominal Aortic Aneurysm Through Linked Health Registries | Henriette Fagertun, Ph.D.candidate, consultant in vascular surgery St. Olavs Hospital |
| 09:45–10:00 | Break | |
| 10:00–11:30 | National status: 2-5-minute presentation from each hospital. How is rAAA handled at your unit? Is an rAAA pathway in place? Criteria for REVAR at your hospital. | |
| 11:30–11:45 | Summary & comments | Øystein Hovi Rognerud, Ph.D., candidate, consultant in vascular surgery OUS/SiV |
| 11:45–12:45 | Lunch | |

Session 2

Moderators: Frode Reier-Nilsen and Jon-Tryggve Ask Nessa

| Time | Item | Speaker / Notes |
|-------------|--|---|
| 12:45–13:05 | Acute BEVAR for ruptured juxtarenal AAA: benefits and limitations | Alexander Lott, Consultant in vascular surgery UNN, Tromsø |
| 13:05–13:35 | Simulation training streamlines real-life performance in endovascular repair and ruptured aortic aneurysms | Dr. Pekka Aho, Chief Physician, Division of Vascular Surgery, Helsinki University Central Hospital, Finland |

| Time | Item | Speaker / Notes |
|-------------|--|---|
| 13:35–14:05 | Procedural details, the REVAR pathway, tips and pitfalls. Simulation training and the launch of REVAR-first at AHUS, with experience from the thrombectomy project | Dan Levi Hykkerud, interventional radiologist, AHUS |
| 14:05–14:15 | Panel discussion | |
| 14:15–14:30 | Break | |

Session 3

Moderator: Synnøve Seljeskog and Øystein Oppen Schiøtz

| Time | Item | Speaker / Notes |
|-------------|---------------|--|
| 14:30–15:00 | ActivC Update | Erik M. Pettersen, Ph.D., consultant in vascular surgery Sørlandet sykehus |
| 15:00–15:45 | Free papers | |
| 15:45–16:00 | Break | |
| 16:00–16:30 | Free papers | |

Social Program

| Time | Item | Speaker / Notes |
|-------|--|-----------------|
| 19:30 | Banquet at Thon Hotel SNØ. Award ceremony: honorary members and best free paper. | |

Thursday 21 May

Vascular access: the renal patient

Moderators: Espen Schjerven and Martha Fiksdal Meese

| Time | Item | Speaker / Notes |
|-------------|---|--|
| 09:30–09:45 | Introduction: A feeling that we are doing fewer AV fistulas. A technique consigned to history? | Toril Rabben, Ph.D., consultant in vascular surgery OUS |
| 09:45–09:55 | NORKAR: AV access numbers and trends in Norway | Janusha Baheerathan, LIS 3 vascular department Ahus |
| 09:55–10:25 | Choice of dialysis modality, home dialysis, the dialysis patient, advantages of a fistula? | Helga Skaare, consultant nephrologist Ahus |
| 10:25–10:55 | AV fistula vs. catheter, trends. Selection of transplant candidates. Guidelines. Should we be doing more AV fistulas? | Geir Christian Enli Mordal, consultant nephrologist Ahus |
| 10:55–11:10 | Break | |
| 11:10–11:30 | Intervention on AV fistulas: procedures, follow-up, numbers, cost/benefit? | Dan Levi Hykkerud, interventional radiologist Ahus |
| 11:30–11:45 | Case: AV fistula banding | TBA |
| 11:45 | Lunch | |

Norsk karkirurgisk forening (NKKF)

The amputation patient: the vascular surgical end-station and life beyond.

Parallel Session, 20 May

Moderators: Rita Stormo and Siri Østbye

| Time | Item / Speaker |
|-------------|--|
| 08.30–09.00 | Investigation and treatment, by vascular surgeon Frode Østrem. |
| 09.00–09.30 | Aktiv-C, by physiotherapists Lina Krohg and Elisabeth Bø. |
| 09.30–09.45 | Break |
| 09.45–10.15 | Skin perfusion / toe pressure assessment, by physiologist Inger Helene Nådland. |
| 10.15–10.45 | Below-knee and above-knee amputation, by vascular surgeon Frode Østrem. |
| 10.45–10.50 | Break |
| 10.50–11.05 | The ward, flow chart, by nursing assistant Sølvi Grimshei and healthcare worker Nicolay Berg. |
| 11.05–11.30 | Prosthesis fitting, stump maturation, liners, by Formotion Orthotics, Linn Frydenberg (ortopedi ingeniør) |
| 11.30–12.30 | Lunch |
| 12.30–13.00 | Physiotherapy, by Vegar Hjermundrud and Joakim Hast. |
| 13.00–13.30 | Phantom limb pain, by physiotherapist Jens-Christian Troel Hviid. |
| 13.30–13.50 | Break |
| 13.50–14.05 | Amputation outpatient clinic, by nurse Anette Østebøvik. |
| 14.05–14.35 | Regulations and practice in driving licence cases following lower-limb amputation, by Caroline Einerkjær, Assistant County Medical Officer, Office of the County Governor. |
| 14.35–15.00 | Stable physical impairment and the right to drive, by Cathrine Håheim, legal senior advisor, Norwegian Public Roads Administration (Drivers and Vehicles). |
| 15.00–15.30 | Interview / conversation with peer mentor John Arne Rosenlund and physiotherapist Vegar Hjermundrud. |